

## LSUHSC – HDC Direct Support Professional Competency Based Curriculum Overview

The purpose of the curriculum is to prepare DSP to provide quality supports (leading to a lifestyle of personal choice) to people with disabilities living in integrated community settings and environments while engaged in activities that are enjoyed by the same age non-disabled peers in local communities or environments. There were 12 focus groups held in Louisiana which gave people with disabilities, DSP, family members, and service agency personnel the opportunity to provide LSUHSC-HDC with feedback about what DSP need to know in order to provide quality services. The curriculum was developed around a number of core competencies or skill levels (Community Support Skill Standards) that DSP should possess and demonstrate. In addition, the curriculum was developed with a focus on The Council's Outcomes for people with disabilities.

<b>LSUHSC-HDC DSP Curriculum Topic Areas</b>	<b>Corresponding Competencies</b>
History of Disability Rights Movement and the Impact of LA Legislation	Identify benefits of recent legislation for the person I support
Effective Communication Skills	Complete Personal Outcomes Interview
Assessment	Conduct Preference Assessment
Documentation	Complete Incident Reports and Person Centered Progress Notes
Self Determination, Choice, and Advocacy	Develop Advocacy Plan
Person Centered Community Based Lifestyles	Develop Person Centered Goals and Objectives
Skill Enhancement and Development	Complete Task Analysis and Discrepancy Analysis
Building Community Connections	Identify and Promote Community Connections
Positive Behavior Supports	Develop Behavior Support Plan
Professionalism	Develop Action Plan for Professional Development

### **Format of the Training Series**

- There are a total of ten topic areas for the curriculum. Topics 1 & 2 are covered on the same day of the training series. Each month one morning and afternoon session is offered for two topic areas. Participants attend **either** the am or pm session for each topic area.
- Each topic area has a corresponding competency based field assignment that the DSP is required to complete.
- A portfolio review day follows once a month. DSP make appointments with a reviewer. Competency based field assignments are reviewed and the DSP receives immediate feedback about performance in that area.
- Participants receive a Training Certificate upon completion of all topic areas and portfolio assignments.

DSP Training Series has been conducted in Houma, Alexandria, Greater New Orleans, Jefferson Parish and future training will be held in Shreveport and Monroe. Individuals interested in hosting or attending training in other locations are encouraged to call:

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