

Health Insurance Benefits for Individual Providers

As an individual provider or personal care worker you may be eligible for health insurance benefits. There are two types of health insurance that may be available to you:

- A Multi-employer Health Benefits Trust plan; or
- The Basic Health Plan.

Multi-employer Health Benefits Trust plan is offered through the SEIU Local 775 Multi-Employer Health Benefits Trust and is available to you if you are a DSHS contracted individual provider who:

- Has worked three (3) consecutive months; and
- Works at least 86 hours per month; and
- Is not eligible to receive health care benefits through other family coverage, other employment based coverage, or military or veteran's coverage.

In addition, **dental and vision benefits** are available through the Trust. Your share of the premium payment of \$17 per month will be deducted from your regular pay after you enroll and have met the eligibility requirements. For more information, or to request an enrollment form you may **contact Benefit Solutions, Incorporated at 1-866-771-7359 (toll-free number).**

The Basic Health Plan (BHP) is a state-sponsored health insurance plan. This plan is available to DSHS contracted individual providers who meet certain income and eligibility requirements. Based on your family income, your family members may also qualify. You may qualify for the BHP if you:

- have worked three (3) consecutive months; and
- work at least 86 hours per month; and
- are not eligible for Medicare; and
- other family income meet the income guidelines; and
- are a Washington State resident (proof of residency must be provided).

The cost for the individual BHP is \$17.00. Family premium costs are based on family income. To receive an application, a consumer guide and charts showing the family premium you will pay **contact 1-800-826-2444.**