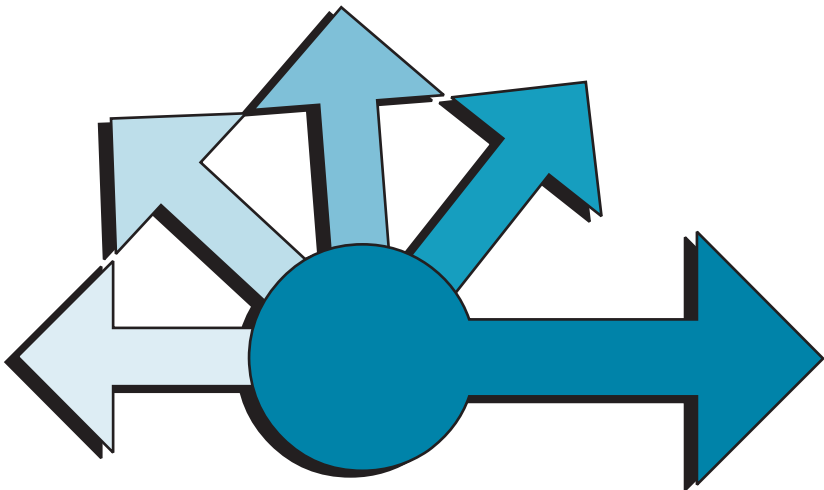


Direct Connections

A Resource Guide for Direct Care Workers



Pointing the Way
to Services and Programs
For You and Your Family.

Direct Connections

A Resource Guide for Direct Care Workers

Message From The Council

Direct care workers are the backbone of our long term care system in Pennsylvania. When the Long Term Care Council traveled around the state to meet with direct care workers, you told us you wanted a practical resource guide with information that would be useful to you.

Direct Connections is a response to that request and it includes information about benefits, services, and opportunities for you, the Direct Care Worker. I hope you find it helpful.

I want to thank those who gave us the idea for the guide and those who reviewed and suggested ways to improve it. Most importantly, on behalf of the Long Term Care Council, I want to thank you for the important work you do providing care to Pennsylvanians who need assistance.

Sincerely,



Nora Dowd Eisenhower
Secretary of Aging
Chairperson of the Intra-Governmental
Council on Long Term Care

Direct Connections is intended to provide direct care workers in the field of long term care with basic information about services, benefits, and opportunities that you can use for yourself. This guide is intended to help you get started in looking for information. It is not a complete guide of everything that exists in every community statewide. Each community is unique and has services, benefits and opportunities unique to it. Check your telephone blue pages for other information that is unique to your area.

About this Guide

Information in the guide is organized by major topic area. If you don't find the information your looking for in one section, check other sections to locate what you're looking for.

In each entry you'll find general information and then specifics on how to contact the services. The symbols are: ☎ for telephone; 📠 for fax; and a 🌐 for the web address on the internet.

The information contained in the guide is accurate as of May 2003. We know that telephone numbers can change, services can be added, changed, or discontinued, so you may find information that has changed or become out-of-date. If that is the case, ask the people you are contacting if they can help you to find what you are looking for.

Finally, you can help us to keep the guide up to date by letting us know if information has changed or if there is information that should be added. Page 45 has a form that you can use to let us know.

Direct Connections

A Resource Guide for Direct Care Workers

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Child Care Aware

Child Care Aware is a non-profit initiative committed to helping parents find the best information on locating quality child care and child care resources in their community. This is a free, national child care resource and referral service.

Child Care Aware

1319 F Street, NW, Suite 500

Washington, DC 20004

☎ 800-424-2246 📠 None

🌐 www.childcareaware.org

Child Care Works

Child Care Works helps eligible low-income families pay their child care costs by providing child care subsidies. It is similar to a voucher program; however, payments are made directly to the child care provider. Eligible child care providers include not only the types of organizations listed below (including private companies such as Goddard Schools) but also relatives, neighbors, or friends who provide child care. For more information, call the help line below or visit the website.

*Child
Care*

PA Department of Public Welfare

PO Box 2675

Harrisburg, PA 17105

☎ 877-4-PA-KIDS 📠 None

🌐 www.dpw.state.pa.us/ocyf/childcarewks/cwwchildcareworks.asp

Camp Fire Boys and Girls

Camp Fire Boys and Girls offers child care as well as programs for children and youth of all ages. Child care is offered for school-age children only. For the nearest Camp Fire program, call the national office or visit the website.

Camp Fire Boys and Girls

4601 Madison Avenue

Kansas City, Missouri 64112-1278

☎ 816-756-1950 📠 816-756-0258

🌐 www.campfire.org

Early Head Start

Early Head Start services provide comprehensive child development and family support to low-income families with children under age 3 as well as pregnant women. Call to be connected with the program in your county.

PA Department of Public Welfare

PO Box 2675

Harrisburg, PA 17105

☎ 877-4-PA-KIDS

📄 None

🌐 www.paheadstart.org/earlyhsprograms.html

Head Start

Head Start is a comprehensive pre-school program for 3 & 4 year olds. It offers early education, health, nutrition & other family support services. Call to be connected with the program in your county.

PA Department of Public Welfare

PO Box 2675

Harrisburg, PA 17105

☎ 877-4-PA-KIDS

📄 None

🌐 www.dpw.state.pa.us/ocyf/childcarewks/ccwpahsa.asp

YMCA

YMCA provides child care for infants through school-age children and offers financial assistance for families in need. Before- and after-school programs are also available. Check the white or blue pages of your local telephone book for the YMCA nearest you.

YMCA

🌐 www.ymca.net/programs/childcare

YWCA

The YWCA is the country's largest nonprofit provider of child care services and after-school programs. Check the white or blue pages of your local telephone book for the YWCA nearest you.

YWCA

National Headquarters:

YWCA of the USA

1015 18th Street, NW,

Suite 700

Washington, DC 20036

🌐 www.ywca.org

☎ (202) 467-0801

📄 (202) 467-0802

Listed below are some of the most common computer terms:

Attachments- A file that you "attach" to an email message. The file is something that was saved on your computer such as a document or a picture. When you receive an attachment, you usually can just place your mouse over top of the attachment picture and click twice (rapidly) to open it.

Banner Ad- These are advertisements that business place on website. They are called banner ads because they often appear at the top of a web page and resemble a banner.

Email- An Internet feature that lets you send messages typed on your computer over the Internet. There are many email providers, some free and some who charge a fee.

Internet- A global network of computers that allow people to do things such as send emails, visit websites and gather information electronically through their computer.

ISP- Internet Service Provider- This is the company that provides you with a connection to the Internet. Some ISPs are free, others charge a monthly fee.

Link- highlighted text, pictures, or objects that appears on a web page that when you put your mouse on them and click, they will take you to (link you) to a different web page.

Search Engine- A tool on the Internet that you can use to search for information and websites. Some popular search engines are: google.com; Yahoo.com; infoseek.com. There are many more.

Web-based Email- Email that you can access from any computer that has the Internet. You type in the email provider (e.g., www.hotmail.com) and you are taken to Hot Mail's "home page" which will direct you to your email.

Computer Access

World Wide Web- Global group of interconnected computers that store web pages. You access a web page by entering a computer "address" that takes you to a web page. For example: www.yahoo.com takes you to the Yahoo search engine.

Computer Access

If you do not own a personal computer, you may still be able to access email and the Internet at personal computers set up for public use at libraries, senior centers, some large book stores, community centers and local coffee shops.

Computer Access

Free Email

AmExMail

You do not have to have an American Express card to qualify for free email. AmExMail allows you to send and receive attachments. AmExMail places banner ads on its websites which you see when you check your email. You do not have to buy anything or click any ads to get to your email.

AmExMail

📧 None

📄 None

🌐 www.amexmail.com

Hotmail

MSN Hotmail is the world's largest provider of free web-based email. Hotmail is for personal use only. Hotmail allows you to send and receive attachments.

MSN Hotmail

📧 None

📄 None

🌐 www.hotmail.com

Wildemail.com

Wildemail.com requires subscribers to select 3 topics of interest before you can get free email services. You will receive emails with special offers from sponsors in the topic areas you select. If you don't select 3 topics, you cannot receive free email. Any emails received from sponsors can be deleted, and you don't have to buy anything. You can send and receive attachments.

Wildemail.com

☎ None

📧 None

🌐 www.wildemail.com

Free Internet Access

dotNow!

Offers free Internet dialup access to customers in the U.S. DotNow! places a banner with ads whenever you are online. You do not have to access the ads or buy anything; advertisers are how they pay for their services so you have free access.

DotNow!

7177 Hickman Road, Suite 10-C

Des Moines, IA 50322

☎ 515-253-9999

📧 775-659-4921

🌐 www.dotnow.com

Computer Access

Finding Free Email and Internet Providers

- If you belong to a bank or credit union, check to see if they have any free email programs available for members.
- Some local broadcasters (television stations, radio stations) offer free email through their websites.
- Using a search engine (www.google.com; www.ask.com; www.goto.com), type in "free email" or "free Internet access" to get a list of other programs available. Just be sure to read all the fine print as there are some "catches" and requirements to programs.

Career Development

Institute for Caregiver Education, Inc.

This not-for-profit educational organization concentrates its efforts on providing education and professional development opportunities and programs for front-line caregivers and their supervisors/managers. Programs include job coaching, life skills, clinical training, literacy and English as a second language.

Corporate Office:

Institute for Caregiver Education, Inc.

Carol Tschop, Chairman and President
785 Fifth Avenue
3rd Floor, Suite 4
Chambersburg, PA 17201
☎ 717-263-7766 x 202 📠 717-263-7602
🌐 www.caregivereducation.org

Education

GED

PA Department of Education

The GED program enables people to earn a Commonwealth Secondary School Diploma. GED tests take into consideration knowledge people acquire from life experience, self-directed study, reading, etc. Call or write for more information or for the GED Test Center near you. Test fees range from \$25 to \$45.

PA Department of Education

GED Administrator
333 Market Street
Harrisburg, PA 17126-0333
☎ 717-787-6747 📠 None
🌐 www.pde.psu.edu

High School Diploma

Keystone National High School

An accredited high school that provides students with the means to earn a high school diploma from home. The study is a combination of correspondence-based independent study and Internet-based instruction.

Keystone National High School

A division of KC Distance Learning, Inc.
School House Station
420 W. 5th Street
Bloomsburg, PA 17815-1564
☎ 800-255-4937
or 570-784-5220 📠 570-784-2129
🌐 www.keystonehighschool.com

Scholarships

New Economy Technology Scholarship

Provides money to PA residents who enroll in approved science and technology programs at an approved PA college or university. High school guidance counselors and financial aid offices at colleges and universities will have information on this and other scholarships.

New Economy Technology Scholarship Program

PHEAA State Grant and Special Programs Division
1200 N. Seventh Street
Harrisburg, PA 17102-1444

☎ 1-800-692-7392 📠 None

🌐 [www.pheaa.org/specialprograms/nets/
New_Economy_Technology_Scholarships.shtml](http://www.pheaa.org/specialprograms/nets/New_Economy_Technology_Scholarships.shtml)

Robert C. Byrd Scholarship

This is a federally funded program offering a merit scholarship to high school seniors. Students should speak to their high school guidance counselors for more information.

PHEAA

Robert C. Byrd Scholarship
P.O. Box 8114
Harrisburg, PA 17105-8114

☎ 1-800-692-7392 📠 None

🌐 [www.pheaa.org/specialprograms/Robert_C_Byrd_
Honors_Scholarship_Program.shtml](http://www.pheaa.org/specialprograms/Robert_C_Byrd_Honors_Scholarship_Program.shtml)

Single Parent Scholarship

Scholarships for single parents who fall into 3 categories: never married, widow/widower, or divorced. Three scholarships are awarded annually: 1 for full-time students, 1 for part-time students, and an award to cover book costs.

Singleparents.guide@about.com

☎ None 📠 None

🌐 www.singleparents.about.com

Education

Scholarship Search Websites

There are many websites that provide scholarship information (for adults and graduating high school seniors).

About.com

About.com is a website with information on a huge number of topics. To get scholarship information use the website address provided below. They provide a list of websites you can search for scholarships.

📄 www.financialaid.about.com/cs/scholarships

FastWeb.com

Search over 600,000 scholarships through this website's database.

📄 www.fastweb.com

Overview

Overview.com is a database of colleges and universities, vocational and trade schools, scholarships and financial aid. They link you to information and programs that meet your needs. They provide a link to websites you can search for scholarships.

📄 www.overview.com/colleges

PHEAA

PHEAA has a scholarship search program to match specific skills, interest and background with available scholarships.

📄 www.pheaamntor.org

WiredScholar.com

WiredScholar.com provides scholarship and financial aid links to websites and programs that offer scholarships.

📄 www.wiredscholar.com

Finding Scholarships

- Banks and credit unions often offer scholarships.
- Community service organizations such as Kiwanis, Jaycees, and Rotary often offer scholarships.
- Religious organizations sometimes offer scholarships.
- Your local community college admissions office can provide information on scholarship programs as can high school guidance counselors.

Tax Credits

HOPE Scholarship Tax Credit

Provides a family up to a \$1,500 maximum tax credit per year per dependent student. You may claim it for 2 years if you meet the requirements. Check your local phone book's white pages or blue pages for the number of the IRS office nearest you for more information. Or, go to the website listed below.

Internal Revenue Service

📍 Local

📍 Local

🌐 www.irs.ustreas.gov

Education

Lifetime Learning Tax Credit

A credit of up to \$1,000 per family for post-secondary education courses. You may claim only one credit per tax year. One qualification is that you must file a tax return and owe taxes for the year. Check your local phone book's white pages or blue pages for the number of the IRS office nearest you for more information. Or, go to the website listed below.

Internal Revenue Service

📍 Local

📍 Local

🌐 www.irs.ustreas.gov

Federal Government Programs

The Federal Student Aid Information Center can answer your questions about federal student aid programs, filling an application, and application processing. The major sources of aid from the U.S. Department of Education are: Federal Stafford Loans, Federal PLUS Loans, Federal Direct Loans, Federal Pell Grants, Federal Supplemental Educational Opportunity Grants, Federal Perkins Loans, and Federal Work-Study. A Student Guide is available with more information.

US Department of Education

Federal Student Aid Information Center

Monday-Friday 8 AM to 8 PM EST

☎ 800-433-3243

📄 None

🌐 www.ed.gov

PA State Grant Program

The State Grant Program provides grants to eligible PA residents who are receiving financial aid to attend a PHEAA-approved post-secondary school. May receive up to \$3,300 as a full-time student or \$1,650 as a half-time student. Call or visit the website to get the number of the PHEAA regional office closest to you.

PHEAA

State Grant and Special Programs Division

1200 North 7th Street

Harrisburg, PA 17102

☎ 800-692-7392

📄 None

🌐 www.pheaa.org

TAP

Pennsylvania's Tuition Account Program allows parents to save for their child's education. The child must attend an accredited college or technical school. Funds in the TAP account are entirely exempt from state and local income tax. Federal income tax is deferred until the account is used.

Pennsylvania Tuition Account Program
P.O. Box 2235
Harrisburg, PA 17105-2235
☎ 800-440-4000 📄 None
🌐 www.patap.org

Union Programs

If you or a family member belong to one of the 38,000 local unions in the U.S., there may be a tuition benefit program, grants, or scholarships available for higher education. The AFL-CIO has a website that allows visitors to search for scholarships sponsored by national unions.

AFL-CIO
☎ None 📄 None
🌐 www.aflcio.org/familyfunresources/collegecosts

Veterans' and Military Benefits

A number of programs are available to veterans and active or reserve duty service members, including tuition reimbursement. Visit the websites below for more information.

☎ None 📄 None
🌐 www.gibill.va.gov/education
🌐 www.vba.va.gov

Education

Employee Rights

The Pennsylvania Department of Labor and Industry can provide information and guidance on a variety of workers' rights issues including things like: right-to-know, minimum wage, child labor laws, equal pay, etc. Call or visit the website for more information or the regional Labor & Industry office nearest you.

PA Department of Labor and Industry

Room 1700

7th and Forster Streets

Harrisburg, PA 17121

☎ 717-787-5279

📠 None

🌐 www.dli.state.pa.us

Social Security Administration

For information on benefits, disability Medicare or Medicaid, or to get a social security number, change your name, etc., you can visit the Social Security Office in your area. Check the blue pages of your telephone book under US Government. Or, you can visit the Social Security Administration's website.

Social Security Administration

🌐 www.ssa.gov

Unemployment Compensation

Any individual who has become unemployed may file a claim for unemployment compensation benefits.

Eligibility to receive benefits will depend upon meeting various requirements.

PA Department of Labor and Industry

Unemployment Compensation Adjudication Services

6th Floor, Labor & Industry Building

7th and Forster Streets

Harrisburg, PA 17121

☎ 717-783-3140

☎ 717-783-3734

🌐 www.dli.state.pa.us

You can open a claim via telephone for unemployment compensation through UC Service Centers. Local numbers and a toll free number used by all Centers are provided below.

☎ (Allentown) 610-821-6659

☎ (Altoona) 814-941-6849

☎ (Erie) 841-878-5700

☎ (Lancaster) 717-299-7560

☎ (Philadelphia) 215-560-1978, 215-560-2817

☎ (Scranton) 570-562-4800

☎ Toll free for all centers: 1-888-255-4728

Worker's Compensation

If you sustain a job injury or work-related illness, the Pennsylvania Worker's Compensation Act provides for medical expenses, and in the event you are unable to work, wage-loss compensation benefits. Death benefits for work-related deaths are paid to your dependents.

PA Department of Labor and Industry

Bureau of Worker's Compensation

1171 South Cameron Street, Room 324

Harrisburg, PA 17104-2501

☎ 800-482-2383 (in PA) 🖨 None

☎ 717-772-4447 (out of State)

🌐 www.dli.state.pa.us

Employment
Information

For Children

Family Centers

Family Centers - there are family centers in 30 of Pennsylvania's 67 counties - integrate and provide community services to help families become healthier, better educated, and self-sufficient. Family Centers are a great "first call" to make if you are looking for services or assistance. They have comprehensive resources and contacts for a variety of agencies and programs. Call or visit the website for more information or to locate the Family Center near you.

Center for Schools & Communities

1300 Market Street
Lemoyne, PA 17043

☎ 717-763-1661

📠 717-763-2083

🌐 www.dpw.state.pa.us/ocyf/childcarewks/ccwfamilycenters.asp

Family
Resources

Center for Schools & Communities

The Center for Schools and Communities is committed to improving outcomes for children and families through training, technical assistance, program evaluation, research and resource development. The Center supports education, community and family (such as Family Centers) and violence prevention initiatives.

Center for Schools & Communities

1300 Market Street
Lemoyne, PA 17043

☎ 717-763-1661

📠 717-763-2083

🌐 www.center-school.org

The Special Kids Network

A free, statewide network for families with children who have special needs or disabilities. Provide support, up-to-date information and referrals to agencies and organizations that serve children with special needs. Open 8 AM to 6 PM Monday through Friday.

PA Department of Health

Health and Welfare Building
Harrisburg, PA 17108

☎ 800-986-4550

📠 None

🌐 www.health.state.pa.us/skn

Parent to Parent of Pennsylvania

A network created by families for families of children and adults with special needs. This organization connects families in similar situations with one another so that they may share experiences, offer practical information, and/or support.

Parent to Parent of Pennsylvania

6340 Flank Drive

Suite 600

Harrisburg, PA 17112

☎ 717-657-5983

☎ 717-657-5983

☎ 717-540-4722

🌐 www.parenttoparent.org

Elder Care & Respite

Area Agencies on Aging

Pennsylvania's 52 Area Agencies on Aging (AAAs), covering all 67 counties, are the local representatives for the Pennsylvania Department of Aging. They implement the various programs and services offered to older Pennsylvanians. Your AAA can assist you in many areas including: providing care for an older relative; investigating reports of abuse and neglect; and recommending recreational, social or educational opportunities. For a list of AAAs visit the Department of Aging website and click on "Area Agencies on Aging" or see page 40.

🌐 www.aging.state.pa.us

Family Resources

CaregiverPA

This website is a guide to available resources for older adults and their families. It provides links to help you answer caregiving questions, find a description of available resources, and search for resources available in a specific Pennsylvania county.

🌐 caregiverpa.psu.edu (no "www" before the address)

Eldercare Locator

Provided by the US Administration on Aging, this nationwide toll-free service helps older adults and their caregivers find local services for seniors. Information is also available online.

Eldercare Locator

☎ 800-677-1116

📄 None

🌐 www.eldercare.gov

Family Caregiver Support Program

Offered by the PA Department of Aging, through its Area Agencies on Aging (AAAs), this program is designed to reinforce the care being given to frail family members at home. It helps with an assessment, counseling, education, and financial information. Families may receive help with out-of-pocket expenses or one-time grants. For more information, contact your local AAA for a list of AAAs, see page 40 or visit the Department of Aging website and click on "Area Agencies on Aging".

🌐 www.aging.state.pa.us

Hospice

The Visiting Nurse Association in your area can provide you with Hospice Care assistance and information. Check your local telephone listings for the Visiting Nurse Association in your community.

National Adult Day Services Association (NADSA)

The mission of NADSA is to provide advocacy, education, technical assistance, research and communication services. The website provides a searchable database that may help to locate an Adult Day Service in your community. It also provides a guide to selecting an Adult Day Service.

National Adult Day Services Association, Inc.

8201 Greensboro Drive, Suite 300

McLean, Virginia 22102

☎ 866-890-7357 (toll free)

☎ 703-610-9035

📄 703-610-9005

🌐 www.nadsa.org

National Respite Network and Resource Center

Provided through the Chapel Hill Training-Outreach Project, the ARCH National Respite Network provides a national respite locator service, a lending library, fact sheets on respite and articles and links.

National Respite Network

800 Eastowne Drive, Suite 105

Chapel Hill, NC 27514

☎ 888-671-2594 (toll free)

☎ 919-490-5577

☎ 919-490-4905

🌐 www.chtop.com

Alzheimer's Association

The Alzheimer's Association and its local chapters have programs and services available to physicians and health care professionals. Local chapters have a helpline with access to community resources for families of Alzheimer's patients, support groups, education materials, and other programs.

Alzheimer's Association

919 N. Michigan Ave.

Suite 1101

Chicago, IL 60611-1676

☎ 800-272-3900

☎ 312-335-1110

☎ 312-335-8700

🌐 www.alz.org

Family
Resources

Other Programs

The PA Department of Aging's website has numerous links to programs and services available for caregivers and older Pennsylvanian's. It can also link you to the Area Agency on Aging in your county. Visit the website for more information.

🌐 www.aging.state.pa.us

Cash Assistance

Temporary Assistance for Needy Families (TANF)

TANF provides money for dependent children and their parents or other relatives with whom they live, and for pregnant women. Receipt of TANF is limited to 60 months in a person's lifetime. Call the Department of Public Welfare for more information or contact your County Assistance Office on page 43.

General Assistance (GA)

GA provides money for persons who do not meet the requirements for TANF. Most recipients of GA are individuals or couples with no dependent children who have temporary or permanent disabilities that prevent their employment. Call the Department of Public Welfare for more information or contact your County Assistance Office on page 43.

PA Department of Public Welfare

PO Box 2675

Harrisburg, PA 17105

☎ 800-692-7462

✉ None

🌐 www.dpw.state.pa.us/oim/oimcash.asp

Financial

Consumer Information

Federal Trade Commission (FTC)

The Federal Trade Commission has a section on its website for "Consumer Protection" that includes a variety of information ranging from credit information, child safety to senior issues. It also has a section on consumer protection to avoid investment and work-at-home scams.

Federal Trade Commission

CRC-240

Washington, D.C. 20580

☎ 1-877-FTC-HELP (382-4357) ✉ None

🌐 www.ftc.gov

Credit Counseling

CreditGUARD of America, Inc.

CreditGuard is an independent, non-profit debt management and credit counseling organization. CreditGUARD is not a lending institution, but rather offers counseling and debt management to help lower payments and interest rates.

CreditGUARD of America, Inc.

5301 North Federal Highway, Suite 230

Boca Raton, FL 33487

☎ 800-500-6489

📠 None

🌐 www.creditguard.org

Consumer Credit & Budget Counseling

A non-profit consumer education and financial counseling agency that serves individuals and families in financial distress. Assists client in structuring consumer debt into a single, affordable monthly payment. Consumer Credit & Budget Counseling is not a lending institution.

Consumer Credit & Budget Counseling

299 South Shore Road

Post Office Box 866

Marmora, NJ 08223

☎ 609-390-9652

or 888-738-8233

☎ 609-390-9653

or 888-738-8234

🌐 www.cc-bc.com

Financial

Tax Debt Negotiators, Inc.

Tax Dept Negotiators, Inc is a nationally recognized financial organization that helps clients with past due tax debt with the IRS. It is a company of Single Source Financial Services Corporation. Assistance may include structuring an installment program or reducing the total debt based on amount owed.

National Tax Negotiators, Inc.

110 Habersham Drive, Suite 310

Fayetteville, GA 30214

☎ 800-801-4829

☎ 800-261-2284

🌐 www.nationaltaxnegotiators.com

Other Programs

There are many programs throughout the state and country that offer similar services. These were selected randomly and each has received the Better Business Bureau seal of approval. Check your phone book's yellow pages under "Credit" or search the internet using "credit counseling."

Utility Payment Assistance

Energy Assistance

Local electric and natural gas companies have a variety of programs available to help individuals pay utility bills or lower the amount of electricity or natural gas you use. Each company calls their programs by different names, but all are designed to assist low-income families. Contact your electric or gas company and ask them about energy assistance programs. Or, contact your County Assistance Office on page 43.

PA Low Income Home Energy Assistance Program

LIHEAP helps low income people pay their heating bills through energy assistance grants. People need not have an unpaid bill to receive energy assistance. People can receive this money without being on welfare. Call the LIHEAP Grantee Contact or contact your County Assistance Office on page 43.

Crisis Grants

Additional money is available through LIHEAP if they have an emergency situation and are in jeopardy of losing their heat (e.g., broken equipment or leaking lines, no fuel, service termination). Call LIHEAP or contact your County Assistance Office on page 43.

LIHEAP

Nancy Poindexter, Director

Division of Food Stamps and LIHEAP

PO Box 2675

Harrisburg, PA 17105

☎ 866-857-7095

📠 None

🌐 www.dpw.state.pa.us/oim/oimliheap.asp

Savings Programs

Moneyopolis.com

This website is for children to learn about financial planning and savings. Children play a game that incorporates a "virtual city" where they learn to manage money and work toward goals.

🌐 www.moneyopolis.com

Savings Matters

This retirement savings education campaign provides information to help encourage retirement savings for all Americans. This organization provides publications and website links to savings strategies geared toward individual's special programs for women and minorities, small business owners, and young people.

US Department of Labor- Employee Benefits Security Administration

Frances Perkins Building
200 Constitution Avenue, NW
Washington, DC 20210

☎ 1-866-444-3272 📄 None

☎ 1-866-4-USA-DOL (National toll free call center)

🌐 www.dol.gov/ebsa

Financial

Other Retirement Programs

There are many organizations that provide retirement information. Listed below are several website links that have information and financial worksheets to calculate retirement savings. Check your phone book's yellow pages under "Retirement" or "Financial Planning" or search the internet using "retirement."

AARP

www.aarp.org

Alliance for Investor Education (AIE)

www.investoreducation.org (Click on Investing Basics)

American Savings Education Council

www.asec.org (Click on Ballpark Estimate Worksheet)

Kiplinger's

www.kiplinger.com (Click on Retirement)

Money Magazine

www.moneymag.com (Click on Retirement)

Electronic Benefit Transfer Program

The Electronic Benefit Transfer program (formerly Food Stamp Program) provides benefits to help individuals buy food and help low income households obtain more nutritious diets by increasing the food purchasing power for eligible participants. Call the number provided below or contact your County Assistance Office on page 43.

PA Department of Public Welfare

PO Box 2675

Harrisburg, PA 17105

☎ 800-692-7462

📄 None

🌐 www.dpw.state.pa.us/oim/oimfoodstamp.asp

Women, Infants and Children (WIC)

The Special Supplemental Nutrition Program for women, infants, and children is a preventive health and nutrition program for pregnant women, breastfeeding women up to 12 months' postpartum, nonbreastfeeding women up to 6 months' postpartum, infants, and children under 5 years of age.

PA Department of Health

Division of WIC

PO Box 90

Harrisburg, PA 17108

☎ 717-783-1289

📄 None

☎ 1-800-WIC-WINS

🌐 www.health.state.pa.us/php/WIC

Food
Programs

APPRISE Health Insurance Counseling Program

APPRISE is a free health insurance counseling program designed to help Pennsylvanians age 60 and over with health insurance concerns. APPRISE counselors are specially trained volunteers who can answer questions about Medicare, Medicare Supplemental Insurance, Medicaid, and Long-Term Care Insurance. For more information, contact your local Area Agency on Aging or, visit the Department of Aging website and click on "Area Agencies on Aging" for a complete listing.

📄 www.aging.state.pa.us

Children's Health Insurance Program

CHIP is Pennsylvania's program to provide quality health insurance for children of working families who otherwise could not afford it. Eligibility requirements must be met.

PA Insurance Department

1326 Strawberry Square

Harrisburg, PA 17120

☎ 800-986-KIDS (CHIP) 📠 717-787-8585

☎ 877-881-6388 (Toll free consumer hotline)

📄 www.insurance.state.pa.us/html/chip.html

Healthcare
Benefits

Medicaid

There are several categories of Medicaid, each with different income and resource requirements. Individuals who receive cash assistance and SSI automatically receive Medicaid. Call the number provided below or contact your County Assistance Office (blue pages of your local phone book).

PA Department of Public Welfare

PO Box 2675

Harrisburg, PA 17105

☎ 800-692-7462 📠 None

📄 www.dpw.state.pa.us/oim/medicaid/oimmedicaid.asp

PA Child and Adolescent Service System Program (CASSP)

CASSP helps children and adolescents with emotional disturbances to gain access to needed services. Contact your county MH/MR office (blue pages of your local phone book), call the Department of Welfare or visit the website below.

PA Department of Welfare

Office of Mental Health and Substance Abuse Services

PO Box 2675

Harrisburg, PA 17105

☎ 717-772-7858

📠 717-772-7827

🌐 www.dpw.state.pa.us/omhsas/omhcas.asp

Healthcare Services

Love 'Em With A Checkup

Comprehensive outreach and referral system to help low-income women and families enroll in prenatal and primary health care for children and obtain health care coverage through CHIP or medical assistance. Contact your County Assistance Office for more information (blue pages of phone book).

PA Department of Health

Health and Welfare Building

P.O. Box 90

Harrisburg, PA 17108

☎ 800-986-BABY

📠 None

☎ 800-986-KIDS

🌐 www.health.state.pa.us/php/checkup.htm

Office of Mental Health & Substance Abuse

The Mental Health System in Pennsylvania is state-funded and county administered. To access services in your county, contact your county Mental Health/Mental Retardation (MH/MR) Office. To find the nearest MH/MR office, check the blue pages of your local phone book or visit the website below.

PA Department of Welfare

PO Box 2675

Harrisburg, PA 17105

☎ 717-787-6443

📠 717-787-5394

🌐 www.dpw.state.pa.us/omr/dpwmr.asp

Women's Medical Services

The Women's Medical Services Program provides follow-up medical services to women who received a subsidized breast cancer screen. The follow-up focuses on the results of the screening tests used to detect health problems. Eligibility is based on family income.

Noninvasive contraceptive supplies such as oral contraceptives, diaphragms, condoms and basal body temperature thermometers for natural family planning may be covered depending upon family income. Contact your County Assistance Office for more information (blue pages of phone book).

PA Department of Public Welfare

PO Box 2675

Harrisburg, PA 17121

☎ 717-787-3438

📠 None

🌐 www.dpw.state.pa.us/osp/dpwosp.asp

Healthcare
Services

Homeowner's Emergency Mortgage Assistance (HEMAP)


HEMAP provides short-term, temporary mortgage assistance to eligible recipients. Mortgage payments can be made to lenders on behalf of qualifying homeowners for up to 24 months. Homeowners must repay assistance to the PA Housing Finance Agency.

PHFA

2101 N. Front Street

PO Box 8029

Harrisburg, PA 17105

☎ HEMAP 800-342-2397  None

🌐 www.treasury.state.pa.us

🌐 www.phfa.org

Housing

Housing and Urban Development (HUD)

HUD offers a variety of programs to help individuals with housing throughout the Commonwealth. Visit the HUD website for more information on programs or contact the HUD or housing authority office nearest you (blue pages of your local phone book under Guide to Human Services - Housing).

HUD

☎ Local

 None

🌐 www.hud.gov

Single Family Homeownership

The PA Housing Finance Agency (PHFA) offers a number of opportunities for families to buy homes of their own. Qualification factors vary among programs, and in some cases, from county to county. Call PHFA for more specifics about programs or find the local PHFA office in the blue pages of your local phone book under Guide to Human Services - Housing.

PHFA

2101 North Front Street

PO Box 8029

Harrisburg, PA 17015-8029

☎ 800-822-1174  None

🌐 www.phfa.org

Weatherization Assistance Program

The Weatherization Assistance Program helps to reduce heating and cooling costs for low-income families, particularly for the elderly, people with disabilities, and children, by improving the energy efficiency of their homes while ensuring their health and safety.

US Department of Energy, Philadelphia

Regional Office

Ms. Elizabeth M. Cahall

Weatherization Program Manager

1880 John F. Kennedy Boulevard, Suite 501

Philadelphia, PA 19103-7483

☎ 215-656-6962

📠 215-656-6981

🌐 www.waptac.org

The Philadelphia Council for Community Advancement (PCCA)

PCCA's mission is to strengthen households and communities throughout the greater Philadelphia region by: Providing comprehensive education and counseling to help consumers access affordable housing; Assisting tenants and homeowners in retaining their housing through counseling, education and advocacy; Working in partnership with public and private stakeholders to facilitate community development and affordable housing initiatives; and Developing innovative housing-related services that strengthen family and individual capacity.

The Philadelphia Council for Community Advancement (PCCA)

100 North 17th Street, Suite 700

Philadelphia, PA 19103

☎ 215-567-7803

📠 None

☎ 800-930-4663

🌐 www.philapcca.org

Housing

CAMP FIRE BOYS AND GIRLS

Camp Fire Boys and Girls offers a variety of programs for school-age children and youth ranging from small group clubs, mentoring, leadership, camping and environmental education. For the nearest Camp Fire program, call the national office or visit the website.

Camp Fire Boys and Girls

4601 Madison Avenue

Kansas City, Missouri 64112-1278

☎ 816-756-1950

☎ 816-756-0258

🌐 www.campfire.org

BOYS & GIRLS CLUBS OF AMERICA

Boys & Girls Clubs of America offer a variety of programs for children, teens, and families ranging from education (homework assistance, learning skills, career exploration), health and life skills, arts, sports, fitness and recreation, family nights and parenting classes. For the Boys & Girls Club nearest you, visit their website or call the number below.

National Headquarters

Boys & Girls Clubs of America

1230 W. Peachtree St. NW

Atlanta, GA 30309

☎ 404-487-5700

☎ None

🌐 www.bgca.org

BOY SCOUTS OF AMERICA

The Boy Scouts provides educational programs for boys and young adults (ages 7 to 20) to build character, train in the responsibilities of citizenship, and develop personal fitness. For the Boy Scout program nearest you, check the white pages under Boy Scouts of America or visit their website.

Boys Scouts of America

☎ None

☎ None

🌐 www.scouting.org

GIRL SCOUTS OF THE USA

Girl Scouts of the USA is an informal educational organization dedicated to encouraging girls in small groups to build character and skills for success in the real world. For the Girl Scout program nearest you, check the white pages under Girl Scouts of the USA, call the number below, or visit their website.

Girl Scouts of the USA

420 Fifth Avenue

New York, NY 10018-2798

☎ 800-478-7248

☎ None

☎ 212-852-8000

🌐 www.gsusa.org

Pennsylvania Legal Services

Pennsylvania Legal Services (a contractor with the PA Department of Public Welfare) provides legal services which involve family, housing, income, employment, consumer, health, education or civil rights issues through a network of local nonprofit agencies. On the website, click on Links to get a list of legal service providers in your area.

Pennsylvania Legal Services

118 Locust Street

Harrisburg, PA 17101-1414

☎ 800-322-7572

☎ 717-233-4088

☎ 717-236-9486

🌐 www.palegalservices.org

Other Legal Services

You can also check your local telephone directory's blue pages under Guide to Human Services - Legal Problems for legal assistance near you.

Legal
Services

This section provides a sampling of organizations, publications, and resources that might be of professional assistance to direct care workers. If you have access to the internet, you may wish to do searches for “long term care publications”, “direct care workers”, or “para-professionals in health care” for additional resources.

Membership in professional organizations and subscriptions to work-related publications and resources are tax deductible if you itemize your taxes using Schedule A. Speak with your tax preparer or a tax preparation service (e.g., H & R Block) for more information because there are guidelines regarding the total amount of itemized deductions you must have (2%) to claim professional memberships and resources.

Professional Resources

Organizations

Direct Care Alliance

Direct Care Alliance (DCA) is a national coalition of long-term care consumers, direct care workers, and concerned healthcare providers who have come together to ensure a stable, valued, and well trained direct care workforce. They offer a variety of programs and services. Their website has links to other organizations.

Direct Care Alliance

c/o Paraprofessional Healthcare Institute
349 East 149th Street, 10th Floor
Bronx, NY 10451

☎ 718-402-7766

☎ 718-585-6852

🌐 www.directcarealliance.org

National Clearinghouse on the Direct Care Workforce

The National Clearinghouse collects, analyzes and disseminates information concerning the health care paraprofessional workforce. The website offers resources ranging from publications (many of which are free) to training and career advancement to information on wages and benefits. If you don't have access to the Internet, you can call them for more information.

National Clearinghouse on the Direct Care Workforce

349 East 149th Street, Suite 401

Bronx, NY 10451

☎ 718-402-4138

☎ 718-585-6852

☎ 866-402-4138 (toll free)

🌐 www.directcareclearinghouse.org

Nursing Assistant Monthly

Nursing assistant monthly is the only ongoing training and communication program for and about nursing assistants. Based on over a decade of research, this subscription program is designed to build self-esteem and develop the professional skills of nursing assistants.

Delmar Learning

P.O. Box 3419

Scranton, PA 18505-0419

☎ 1-800-348-0605

☎ 570-347-9072

🌐 www.frontlinepub.com/fln_nursingasst

Paraprofessional Healthcare Institute (PHI)

PHI's mission is to facilitate the creation of decent jobs for low-income individuals, with a special emphasis on women who are unemployed or transitioning from welfare to work, and the provision of high-quality care to clients who are elderly, ill, or living with disabilities.

PHI

349 East 149th Street, Suite 401

Bronx, NY 10451

☎ 718-402-7766

☎ 718-585-6852

🌐 www.paraprofessional.org

Professional
Resources

Publications

Assisted Living Today Magazine

Published by the Assisted Living Federation of America, this award-winning magazine offers news, in-depth analysis, features and the latest trends in assisted living. It is free to members of ALFA. However, subscriptions are available to the general public.

📧 www.alfa.org (click on AL Today magazine)

Assisted Living Federation of America

The Assisted Living Federation of America (ALFA) represents for-profit and not-for-profit providers of assisted living, continuing care retirement communities, independent living and other forms of housing and services.

11200 Waples Mill Rd, Suite 150

Fairfax, VA 22030

📞 703-691-8100

📠 703-691-8106

📧 www.alfa.org (click on AL Today Magazine)

Professional Resources

Contemporary Long Term Care Magazine

Founded in 1978, it characterizes itself as the leading magazine for long-term care managers. Primary readers are CEOs, administrators, and directors of nursing; however, it provides the latest news and trends in patient care, legislation, and regulations. A free one-year subscription will be sent to you if you qualify.

Contemporary Long Term Care

📞 323-964-4800

📠 323-964-5273

📧 www.cltcmag.com

Eymann Publications, Inc.

Eymann Publications, Inc. produces informative newsletters of specific interest to individuals working in the field of geriatric care. They have 11 publications, including "Nurse Aide/VIP" which provides information and advice for nursing assistants; several Alzheimer's care publications, and monthly mini lessons in care.

Subscription prices range from \$17 to \$49 a year. Call between 9 AM and 5 PM Pacific Standard Time.

Eymann Publications, Inc.

PO Box 3577

Reno, NV 89505

📞 800-354-3371

📠 775-358-1476

📧 www.care4elders.com

CareGiver.com

In addition to providing a variety of resources for care-givers, CareGiver.com also publishes Today's Caregiver magazine. The publication is available online at the website listed below. Subscription rate is currently \$18 a year and the magazine is published every other month. Subscription includes a free weekly email newsletter with 3-5 articles each week.

6365 Taft St.

Suite 3003

Hollywood, FL 33024

☎ 954-893-0550

☎ 954-893-1779

🌐 www.caregiver.com

Retirement Living Information Center

This organization and website is geared toward consumers but provides a great deal of information that might be of interest to direct care workers and their clients. It provides a directory of special products and services for seniors which might assist in delivery of care. This is an Internet-based resource.

Retirement Living Information Center

19 LedgeWood Road

Redding, CT 06896

☎ 203-938-0417

☎ 203-761-8634

🌐 www.retirementliving.com

*Professional
Resources*

Public Libraries

Libraries often have computer/internet resources. See the following website for a list of all Pennsylvania public libraries. Provides links to libraries all over the state.

🌐 www.publiclibraries.com/pennsylvania.htm

General Federal Tax Questions

The IRS provides several means to get information and answers to federal tax questions including a general toll free number and a website. The website links to main services are located at the bottom of the page on the website.

Internal Revenue Service

☎ 800-829-1040

📄 None

🌐 www.irs.gov

Advanced Earned Income Tax Credit

If you expect to qualify for the Earned Income Tax Credit, you may be able to start getting part of the credit with your pay now, instead of waiting until you file your tax return. To get part of the credit with your pay, you must expect to have at least one qualifying child, expect to fall within certain income limits, and expect to meet certain other conditions. To see if you qualify, ask your employer for the Form W-5 Earned Income Credit Advance Payment Certificate or call to order a copy.

Internal Revenue Service

☎ 800-829-1040

📄 None

🌐 www.irs.gov/tax_edu

Child Tax Credit

The Child Tax Credit was reinstated in 2000. Ask about this credit when filing your Federal Income Tax to see if it is still available and if you are eligible. For each qualifying child under 17, you may be able to subtract up to \$600 from your Federal Income Tax, unless your income exceeds specified levels.

Internal Revenue Service

☎ 800-829-1040

📄 None

🌐 www.irs.gov

Child and Dependent Care Credit

If you paid someone to care for a qualifying individual so you (and your spouse if you are married) could work or look for work, you may be able to claim the credit for child and dependent care expenses.

Internal Revenue Service

☎ 800-829-1040

📄 None

🌐 www.irs.gov/

Federal Tax Assistance

Earned Income Tax Credit (EITC)

The Earned Income Tax Credit (EITC) is a refundable Federal Income Tax credit for low-income working individuals and families. The credit reduces the amount of Federal tax owed and can result in a refund check. The EITC does not affect eligibility for Temporary Assistance for Needy Families (TANF), Medicaid, Supplemental Security Income (SSI), food stamps, or low-income housing. Visit the website, or contact the Volunteer Income Tax Assistance (VITA) site nearest you. You can find a VITA site by calling the IRS.

Internal Revenue Service

☎ 800-829-1040

📄 None

🌐 www.irs.gov

Tax
Assistance

Installment Agreement with IRS

If you owe Federal Income Tax, you can make arrangements to pay the IRS through a monthly installment. The payment can be deducted directly from your bank account if you qualify.

Internal Revenue Service

☎ 800-829-1040

📄 None

🌐 www.irs.gov

Taxpayer Advocate Service

The Taxpayer Advocate Service is an IRS program that provides an independent system to assure that tax problems which have not been resolved through normal channels are promptly and fairly handled.

The goals of the Taxpayer Advocate Service are to protect individual taxpayer rights and to reduce taxpayer burden.

Taxpayer Advocate Service

☎ 877-777-4778

📄 None

🌐 www.irs.gov

General PA Tax Questions

The PA Department of Revenue provides several means to get information and answers to state tax questions including an email address (allow 4 business days for a response), toll free and local number, toll-free information only line (pre-recorded messages) and a website. Or, call the district office nearest you (blue pages of your local telephone book).

Pennsylvania Department of Revenue

Strawberry Square

Harrisburg, PA 17128-1100

☎ 888-PATAXES

📠 None

☎ 717-787-8201

🌐 www.revenue.state.pa.us

✉ email: parev@revenue.state.pa.us

Tax Assistance

Office of Taxpayer's Rights Advocate

The Office of Taxpayer's Rights Advocate provides taxpayer assistance with tax problems or concerns on a state level.

Taxpayers Rights Advocate

Lobby, Strawberry Square

Harrisburg, PA 17128-1100

☎ 717-772-9347

📠 None

🌐 www.revenue.state.pa.us

Pennsylvania Partnerships for Children (PPC)

PPC is a nonpartisan, independent, nonprofit organization promoting the well-being of Pennsylvania's children. It provides a variety of programs and publications including "Taxing Pennsylvania: A Family-Focused Overview of Pennsylvania Taxes" which provides an overview of Pennsylvania's tax structure and ways to ease the tax burden on low- and moderate-income families. The report is free.

Pennsylvania Partnerships for Children

20 North Market Square

Suite 300

Harrisburg, PA 17101-1632

☎ 800-257-2030

☎ 717-236-7745

☎ 717-236-5680

🌐 www.ppartnerships.org

Property Tax and Rent Rebate

The Property Tax and Rent Rebate provides rebates of up to a maximum of \$500 per year on paid property tax or rent for households with claimants or spouses 65 years of age or older, widows or widowers 50 years of age or older and the permanently disabled 18 years of age or older who meet income eligibility requirements. You can visit the website, call the number below, or call the district office nearest you (blue pages of your local telephone book).

Pennsylvania Department of Revenue

4th Floor Strawberry Square

Harrisburg, PA 17128-1100

Fact and Information Line

☎ 1-888-PA TAXES  None

🌐 www.revenue.state.pa.us/revenue/cwp

Tax
Assistance

Tax Back

The PA Department of Revenue has a special tax forgiveness provision that could eliminate the amount of state income tax you pay depending upon your income. Many working people can now get back all of the PA state taxes that are taken out of their paychecks. You can visit the website or call the number below, or call the district office nearest you (blue pages of your local telephone book).

Pennsylvania Department of Revenue

Strawberry Square

Harrisburg, PA 17128-1100

For personal services

☎ 717-787-8201  None

🌐 www.revenue.state.pa.us/revenue/cwp

AMTRAK

Amtrak provides rail service from numerous Pennsylvania stations. AMTRAK also provides children's fares (ages 2-15) allowing kids to ride half-price when accompanied by a full-fare paying adult.

AMTRAK

☎ 800-USA RAIL

📄 None

🌐 www.amtrak.com

Medical Assistance Transportation Program

Provides nonemergency medical transportation services to Medicaid eligible individuals who cannot meet their own transportation needs. You can visit the website or contact your County Assistance Office for more information (blue pages of phone book).

Transportation

PA Department of Public Welfare

PO Box 2675

Harrisburg, PA 17105

☎ 717-787-3438

📄 None

🌐 www.dpw.state.pa.us/osp/ospmatp.asp

Shared Ride Program

Pennsylvanian's age 65 and older are eligible to use the Shared Ride program. You must register for the program through your local Area Agency on Aging. Transportation is subsidized by the AAA. Some AAAs can provide transportation for adults age 18 to 60 if special circumstances or conditions exist. For more information, contact your local Area Agency on Aging on page 40 or visit the Department of Aging website and click on "Area Agencies on Aging".

🌐 www.aging.state.pa.us

Traffic Injury Prevention Project

The Traffic Injury Prevention Project (TIPP) is dedicated to improve child passenger safety in Pennsylvania.

TIPP staff provide technical assistance, training for parents, on all traffic safety issues affecting children. TIPP maintains a database of car seat loan programs throughout Pennsylvania. Call for the location of the loan program nearest you.

PA Traffic Injury Prevention Project

☎ 610-520-9124

📄 None

☎ 1-800-CAR BELT (PA only)

🌐 www.paaap.org (click on tipp)

Local Transportation Services

Check your local telephone directory (under Bus) for mass transit providers in your area. You may also look in the blue pages of your directory under Guide to Human Services for your County Transportation Office and other local transportation programs such as car pools and shared ride.

Transportation

Area Agencies on Aging

Adams County Office for Aging, Inc.

318 W. Middle Street
Gettysburg, PA 17325
717-334-9296

Allegheny County AAA

441 Smithfield Street, 2nd Floor
Pittsburgh, PA 15222-2219
412-350-4234

Armstrong County AAA

125 Queen Street
Kittanning, PA 16201
717-548-3290 or 1-800-369-1066

Beaver County Office on Aging

1020 8th Avenue
Beaver Falls, PA 15010
724-847-2262

Berks County AAA

County Services Center
633 Court Street
Reading, PA 19601
610-478-6500

Blair Senior Services, Inc.

1320 12th Avenue
Altoona, PA 16601-3308
814-946-1235 or 1-800-245-3282

AAA for Tioga/Bradford/ Susquehanna/Sullivan Counties

220 Main Street, Unit 2
Towanda, PA 18848
570-265-6121

Bucks County AAA

30 E. Oakland Avenue
Doylestown, PA 18901
215-348-0510

Butler County AAA

111 Sunnyview Circle, Suite 101
Butler, PA 16001-3547
724-282-3008 or 1-800-367-2434

Cambria County AAA

Central Park Complex
110 Franklin Street, Suite 400
Johnstown, PA 15901-1831
814-539-5595 or 1-800-992-4464

Office of Human Services, Inc (Cameron, Elk, McKean Counties)

P. O. Box A
Ridgway, PA 15853
610-824-7830 or 1-800-672-7145

Carbon County AAA

401 Delaware Avenue, 3rd Floor
Palmerton, PA 18071
610-824-7830 or 1-800-441-1315

Centre County Office of Aging

Willowbank Office Building
420 Holmes Street
Bellefonte, PA 16823-1488
814-355-6716

Department of Aging Services (Chester County)

601 Westtown road, Suite 320
P. O. Box 2747
West Chester, PA 19380-0990
610-344-6350

Clarion County AAA

12 Grant Street
Clarion, PA 16214
814-226-4640

Clearfield County AAA

103 N. Front Street
P. O. Box 550
Clearfield, PA 16830
814-765-2696

Lycoming/Clinton Bi-County Office of Aging

P. O. Box 3156
Williamsport, PA 17701
570-323-3096 or 1-800-332-8555

Area Agencies on Aging

Columbia/Montour AAA

702 Sawmill Road, Suite 201
Bloomsburg, PA 17815-7727
570-784-9272 or 1-800-598-5001

Active Agng, Inc. (Crawford County)

1034 Park Avenue
Meadville, PA 16335
814-336-1792

Cumberland County Office of Aging

Human Services Building
16 W. High Street
Carlisle, PA 17013-2922
717-240-6110

Dauphin County AAA

Administration Building, 3rd Floor
Two South Second Street
Harrisburg, PA 17101-2025
717-780-6130

Delaware County Office of Services for the Aging (COSA)

206 Eddystone Avenue, 2nd Floor
Eddystone, PA 19022-1594
610-490-1300 or 1-800-416-4504

Greater Erie Community Action Committee

18 West Ninth Street
Erie, PA 16501
814-459-4581

Southwestern PA AAA, Inc. (Fayette, Greene, Washington Counties)

Eastgate 8
Monessen, PA 15062
724-684-9000 or 1-800-342-8980

Experience Inc. - AAA (Warren/Forest Counties)

905 4th Avenue, P. O. Box 886
Warren, PA 16365
814-726-1700 or 1-800-281-6545

Franklin County AAA

218 N. Second Street
Chambersburg, PA 17201-3098
717-263-2153

Huntingdon/Bedford/Fulton AAA

240 Wood Street
P.O. Box 46
Bedford, PA 15522
814-623-8148

Aging Services, Inc. (Indiana County)

1005 Oak Street, P. O. Box 519
Indiana, PA 15701-0519
724-349-4500

Jefferson County AAA

186 Main Street
Brookville, PA 15825
814-849-3096

Mifflin/Juniata AAA, Inc.

1 Buena Vista Circle
P. O. Box 750
Lewistown, PA 17044-0750
717-242-0315

Lackawanna County AAA

Lackawanna County Office Building
200 Adams Avenue
Scranton, PA 18503
717-299-7979 or 1-800-801-3070

Lancaster County Office of Aging

150 Queen Street, Suite 301
Lancaster, PA 17603
717-299-7979 or 1-800-801-3070

Lawrence County AAA

Shenley Square
2706 Mercer Road
New Castle, PA 16105-1422
724-658-3729

Lebanon County AAA

710 Maple Street
Room 209 - Senior Centers
Lebanon, PA 17046
717-273-9262

Area Agencies on Aging

Lehigh County AAA

17 S. 7th Street, Room 230
Allentown, PA 18101-2400

Luzerne/Wyoming Counties Bureau for Aging

111 N. Pennsylvania Blvd.
Wilkes-Barre, PA 18701
570-822-1158

Mercer County AAA, Inc.

133 N. Pitt Street
Mercer, PA 16137-1206
724-662-6222 or 1-800-570-6222

Monroe County AAA

724B Phillips Street
Stroudsburg, PA 18360
570-420-3735

Montgomery County Office on Aging & Adult Services

P. O. Box 311
1430 DeKalb Street
Norristown, PA 19404-0311
610-278-3601

Northampton County AAA

Governor Wolf Building
45 N. Second Street
Easton, PA 18042-3637
610-559-3245 or 1-800-322-9269

Northumberland County AAA

2154 Trevorton Road
Coal Township, PA 17866
570-644-4545 or 1-800-479-2626

Perry County AAA

Center Square
P. O. Box 725
New Bloomfield, PA 17068
717-582-2131

Philadelphia Corporation for Aging

642 N. Broad Street
Philadelphia, PA 19130-3409
215-765-9000

Pike County AAA

150 Pike County Boulevard
Hawley, PA 18428
570-775-5550

Potter County AAA

P. O. Box 241, North Street
Roulette, PA 16746-0241
814-544-7315

Schuylkill County Office of Senior Services

110 E. Laurel Blvd.
Pottsville, PA 17901
570-622-3103

Union/Snyder County AAA

116 N. Second Street
Lewisburg, PA 17837
570-524-2100

AAA of Somerset County

1338 S. Edgewood Avenue
Somerset, PA 15501
814-443-2681 or 1-800-452-0825

Venango County AAA

1283 Liberty Street
P. O. Box 1130
Franklin, PA 16323
814-432-9711 or 1-866-452-4464

Wayne County AAA

323 Tenth Street
Honesdale, PA 18431
570-253-4262

AAA of Westmoreland County

200 South Main Street
Greensburg, PA 15601
724-830-4444

York County AAA

141 W. Market Street
York, PA 17401
717-771-9610 or 1-800-632-9073

County Assistance Offices

Adams(800) 638-6816 or (717) 334-6241
Allegheny(412) 565-3660
Armstrong(800) 424-5235 or (724) 543-1651
Beaver(724) 773-7300
Bedford(800) 542-8584 or (814) 623-6127
Berks(610) 736-4211
Blair(814) 946-7111
Bradford(800) 542-3938 or (570) 265-9186
Bucks-Bristol(215) 781-3393 or (215) 781-3360
Bucks-Warminster(215) 781-3300
Butler(724) 284-8844
Cambria(814) 533-2491
Cameron(814) 486-3757
Carbon(570) 325-9540
Centre(800) 355-6024 or (814) 863-6571
Chester(888) 814-4698 or (610) 466-1000
Clarion(800) 253-3488 or (814) 226-1700
Clearfield(800) 521-9218 or (814) 765-7591
Clinton(800) 820-4159 or (570) 748-2971
Columbia(877) 211-1322 or (570) 387-4200
Crawford(800) 527-7861 or (814) 333-3400
Cumberland(800) 269-0173 or (717) 240-2700
Dauphin(717) 787-8750 or (717) 787-1935
Delaware(610) 447-5500
Elk(800) 847-0257 or (814) 766-1101
Erie(800) 635-1014 or (814) 461-2000
Fayette(877) 832-7545 or(724) 439-7015
Forest(800) 876-0645 or (814) 755-3420
Franklin(800) 921-8839 or (717) 264-6121
Fulton(800) 222-8563 or (717) 485-3151
Greene(888) 410-5658 or (724) 627-8171
Huntingdon(800) 237-7674 or (814) 643-1170
Indiana(800) 742-0679 or (724) 357-2900
Jefferson(800) 242-8214 or (814) 938-2990
Juniata(800) 586-4282 or (717) 436-2158
Lackawanna(877) 431-1887 or (570) 963-4525

County Assistance Offices

Lancaster	(717) 299-7411
Lawrence	(800) 847-4522 or (724) 656-3000
Lebanon	(800) 229-3926 or (717) 270-3600
Lehigh	(610) 821-6509
Luzerne	(570) 826-2100
Lycoming	(877) 876-4014 or (570) 327-3300
McKean	(800) 822-1108 or (814) 362-4671
Mercer	(800) 747-8405 or (724) 983-5000
Mifflin	(800) 382-5253 or (717) 248-6746
Monroe	(570) 424-3030
Montgomery	(610) 270-3500
Montour	(570) 275-7430
Northampton	(610)-250-1700
Northumberland	(800) 368-8390 or (570) 988-5900
Perry	(800) 991-1929 or (717) 582-2127
Philadelphia	(215) 560-2900
Pike	(570) 296-6114
Potter	(800) 446-9896 or (814) 274-9700
Schuylkill	(877) 306-5439 or (570) 621-3000
Snyder	(570) 374-8126
Somerset	(800) 248-1607 or (814) 443-3681
Sullivan	(877) 265-1681 or (570) 928-8596
Susquehanna	(888) 753-6328 or (570) 278-3891
Tioga	(800)-525-6842 or (570)-724-4051
Union	(570) 524-2201
Venango	(800) 522-2078 or (814) 437-4341
Warren	(800) 403-4043 or (814) 723-6330
Washington	(800) 835-9720 or (724) 223-4300
Washington-Donora	(724) 379-1500 or (800) 392-6932
Wayne	(570) 253-7100 or (877) 879-5267
Westmoreland	(800) 905-5413 or (724) 832-5200
Westmoreland-Greensburg	(800) 905-5413 or (724) 832-5218
Westmoreland-New Kensington	(800) 622-3527 or (724) 339-6800
Wyoming	(570) 836-5171
York	(717) 771-1100

We hope that you found Direct Connections helpful. We know that there are many other valuable programs and services available in Pennsylvania.

That's why we have included the Update Card at the bottom. If you have found a new service that might be helpful to other Direct Care Workers, we would like to know about it. Or, if there is a correction or update to a service we've listed, we want to make corrections.

Please take a minute and complete the Update Card and put it in the mail to us. We will use the information when we prepare an update to Direct Connections in the future.

Direct Connections UPDATE

Program _____

Description _____

Address _____

Phone _____ Fax _____

Website _____

Your Name _____

Address _____

Phone Number w/area code _____

P E N N S Y L V A N I A

Intra-Governmental

Council on **L**ong **T**erm **C**are

555 Walnut Street, 5th Floor ■ Harrisburg, PA 17101-1919

(717) 783-1550 ■ Fax (717) 772-3382

Dale Laninga, Executive Director

Edward G. Rendell
Governor

Nora Dowd Eisenhower
Secretary of Aging/
Chairperson, Intra-Governmental
Council on Long Term Care